

PRATHEEKSHA PALLIATIVE CARE UNIT

Activity Report: 2017-18

Coordinator: Sabna. M

Convenor Safna. K

Secretary: Hiba, 4rth sem BBA

Joint Secretary: Nahala, 4rth sem B. Com

Treasurer: Dilsha, 4rth sem B. Com

Executive Members:

Devikrishna. P., Najiya, Sneha P. P., Aneesha, Shyma, Aishwarya, Anjitha, Arjun. M., Fabina, Ahsana K. P , Mufliha T. K, Gayathri, Jabinsha, Noora, Arunima, Shedhiya Hassan, Hala, Silpa. C, Nafreena. V, Sandra. M. S., Rasm K. V

Objectives:

The main aim of formulating a Palliative unit in our college is to inculcate a 'Help the Needy' attitude among student community and to develop empathy towards the suffering mob. The role of students was focused on activities like fund raising, spreading awareness, and providing psychological support to the needy and to accompany the home care unit team.

The activities carried out by the unit are enlisted below



Fig:1 Seminar on Introduction to Palliative care

- A class on Introduction to Palliative Care was arranged at MSK Hall on 11/12/2017 under the auspices of alpha Palliative Care Unit, Thrissur. Sabna. M, Teacher Coordinator gave the opening remarks. Principal Dr. T. P. Abbas presided the function. Smt. Venus introduced the importance

of Palliative care Activity. Physiotherapist Dr. Shyju, made an awareness class on Students initiative in Palliative. Hiba , M, Student coordinator delivered vote of thanks.

- Three students of the college attended the Workshop organized by SAPC, Students Association of Palliative Care on 19-20 November 2017 at Govt Engineering College Thrissur. They were given the orientation on student involvement in Palliative care activities
- As a part of Palliative Day Campaign on January 15 Pratheeksha Palliative care unit volunteers actively involved in spreading words on importance of palliative care units in collaboration with Shanthi Palliative The students moved out in groups and covered whole of Ponnani Constituency . Students collected 75,000 Rupees and was handed over to Shanthi Palliative Unit



Fig: Palliative Volunteers involving in microfunding campaign

- In collaboration with the women volunteer wing of Shanthi Palliative care unit, Volunteers of Pratheeksha Palliative unit of the college made a class wise campaign to sell the products made by wheelchair patients. Various products like detergent, hand wash and phenol worth Rs. 5000 sold. Students involved actively in the marketing and selling of the products of wheelchair patients.



- On every Monday and Thursday, 4 students of our college used to volunteer the Home care unit wing of Shanthi Pain & Palliative care unit of Ponnani. 2 students accompany the nurses for Psychiatry OP and 2 students accompany the house visit of bedridden patients. This provided the students a platform for social interaction in and around the coastal belt of Ponnani. It also paved way for providing an opportunity to students to alleviate the sufferings of palliative patients.



Fig: Students engaging in Palliative Home Care

- NSS, NCC, Red ribbon club and Palliative unit jointly organized the blood donation camp on 13-03-2018, in collaboration with NGO , Beat of heart Kerala. Students actively participated and volunteered the camp.